

Free Youth Support

Monday-Friday 8.30am-4.30pm

Any youth needing some extra support or help with their home life, school life or personal life can come to this free and confidential service provided at the Katikati Community Centre.

See Melody at the Katikati Community Centre on the Child and Youth Services side (previously St Johns building)- at 45 Beach Road.

Melody is a trained and registered social worker who can:

- Provide mentoring
- Offer advice or support
- Advocate for the clients' rights and their rights to resources which could improve their overall wellbeing
- Provide clients with the tools to help with every-day life issues/challenges
- Protection of vulnerable children/youth
- Help to solve, adjust and cope with any issues/challenges the client is experiencing
- Support for any emotional, behavioural, mental health issues
- Identify and assess the client's needs/situation/strengths/networks
- Support to develop and achieve personal goals
- Strengths based, person-centred practice where the client is supported to make their own decisions
- Can provide individual or family based interventions
- Can refer clients to suitable agencies or help clients find the right services for them
- Help connect clients with their communities
- Empower youth

If clients are then referred on to another service, Melody will follow them up to ensure that the situation has improved for the client.

If you know of anyone who could benefit from this service or you want to self-refer, contact Melody on 0277389233/07 5490399, via youth@katikatiresource.co.nz or visit her at the Katikati Community Centre.